



Keeping our community safe: Safeguarding at Honywood School



Welcome to the October edition of our monthly safeguarding newsletter. Each month we provide an update containing reminders about how we approach safeguarding at Honywood as well as useful links to support families out of school - many links we share each month so they are easy to find for you. If you have a question about safeguarding our hope is that our monthly bulletins will be able to provide the answer or at least some signposting to where you may get the answer. This month's theme is Prevent.

Who can learners talk to at School?

- | | |
|--|--|
| <ul style="list-style-type: none">• Learning Group Leader• Cohort Leaders• Pastoral Leaders• Class teachers• Learner Reception• Learning Support Assistants• Learner Wellbeing App on iPad | <ul style="list-style-type: none">• Senior Leadership Team• Mrs Nichols - Safeguarding Lead• Mr Smith - Deputy Safeguarding Lead• Mrs Hickford - Deputy Safeguarding Lead• Mr Caygill - Deputy Safeguarding Lead• Mr Robertson - Attendance & Welfare Officer |
|--|--|



Mrs Nichols



Mr Smith



Mrs Hickford



Mr Caygill



Mr Robertson

Learner Information

Please refer to the Honywood Wellbeing app on your school iPad, link below
<https://sites.google.com/honywoodschool.com/learnerwellbeing/home>

If you need Wellbeing & Mental Health support out of school, please contact:

YOUNG MINDS - text YM to 85258, or <https://youngminds.org.uk/find-help>

Kooth - your online mental wellbeing community <https://www.kooth.com/>

Child and Adolescent Mental Health Service

0300 300 1600 to get in touch directly. For the out of hours crisis support, please call the general NELFT switchboard on **0800 953 0222**. and ask for the CAMHS Crisis Support Service

Childline 08001111

Weekly Bullying and Child on Child Abuse reporting form

All learners and parents receive a weekly email link and reminder that if they have any concerns about the behaviour of any learners in school that could be considered bullying and/or child on child abuse, they may report it using the following link:

<https://docs.google.com/forms/d/e/1FAIpQLSfs8npY9aDQcY3WsRttFcl5PB0NGPaBgKR4aRdtWdrHlogNWQ/viewform>

If you have any questions about the form before completing it please feel free to email scaygill@honywoodschool.com. Similarly if you have any feedback regarding the structure/questions of this form please do share this too as the form could evolve over the coming weeks with any feedback shared.

Parents/Carers

For support and information please contact:

For information about support for children, young people and families please see the [Essex County Council website](#).

If you are a parent or carer, child or young person and you need support, you can phone 0345 603 7627 and ask for the Children's Line.

Useful General Policies

Safeguarding Policy

<https://www.honywoodschool.com/page/?title=SAFEGUARDING&pid=146>

KCSIE September 2023

<https://www.gov.uk/government/publications/keeping-children-safe-in-education--2>

Responding to Harmful Sexual Behaviours Policy

<https://www.honywoodschool.com/attachments/download.asp?file=318&type=pdf>

Prevent

Prevent is a community safeguarding programme that deals with safeguarding and supporting those vulnerable to radicalisation. Prevent is one part of the Government's counter-terrorism strategy. It aims to stop people becoming terrorists or supporting terrorism.

What is Terrorism?

Terrorism is defined in [section 1 Terrorism Act 2000](#) as the use or threat of action designed to:

- influence the government or an international governmental organisation; or
- intimidate the public, or a section of the public;

made for the purposes of advancing a political, religious, racial or ideological cause; and it involves or causes:

- serious violence against a person;
- serious damage to a property;
- a threat to a person's life;
- a serious risk to the health and safety of the public; or
- serious interference with or disruption to an electronic system.

What is radicalisation?

Radicalisation is defined as the process by which a person comes to support terrorism and forms of extremism leading to terrorism –

[HM Government, Prevent Strategy, June 2011, Annex A: Glossary of Terms.](#)

What is extremism?

Extremism is defined as vocal or active opposition to fundamental British values, including democracy, the rule of law, individual liberty and mutual respect and tolerance of different faiths and beliefs. It includes calls for the death of members of armed forces, whether in the UK or overseas – [HM Government, Prevent Strategy, June 2011, Annex A: Glossary of Terms.](#)

What does Prevent do?

1. Responds to the ideological challenge we face from terrorism and aspects of extremism, and the threat we face from those who promote these views.
2. Provides practical help to prevent people from being drawn into terrorism and ensure they are given appropriate advice and support.
3. Works with a wide range of sectors (including education, criminal justice, faith, charities, online and health) where there are risks of radicalisation that we need to deal with.

The Prevent statutory duty, which came into force on 1 July 2015, has prompted a significant step forward in the delivery of Prevent work across all public sector organisations. At the heart of Prevent is safeguarding children and adults and providing early intervention to protect and divert people away from being drawn into terrorist activity. Prevent addresses all forms of extremism but continues to ensure resources and effort are allocated on the basis of the greatest threat to our national security.

Prevent - schools and the local context

Extremism can come in many forms. In Essex the most common form of extremism tends to be associated with right wing groups. John's story below is something that can easily happen in schools:

John was often in trouble at school for low level disruption and felt he was being left behind. When a friend told him he was going to a right wing group meeting, John went along to support him. He was soon invited to join closed Facebook groups and started sharing extreme right wing posts on social media and attending rallies. After inviting a teacher along to an extremist rally he was referred to the Prevent programme by his college. He was appointed a specialist mentor (also known as an Intervention Provider) who helped increase John's self-confidence and he realised he wanted to make some changes in his life. With this help and support he was able to move away from extremism.

The Prevent Duty has 4 themes:

1. **Risk Assessment:** School staff must understand the risks affecting children and young people in their local area, with the assistance of the Local Authority and the Police, and identify those children who may be vulnerable to radicalisation. This requires school staff to be alert to changes in a child or young person's behaviour and exercise professional judgement as to whether they are at risk.
2. **Staff Training:** The Home Office has developed an interactive facilitated 'Workshop to Raise Awareness of Prevent' (WRAP) aimed at training frontline staff such as teachers on how to identify children at risk.
3. **IT Policies:** Schools must take steps to keep children safe online such as through appropriate filtering of school web-page content.
4. **Working in Partnership:** Local Safeguarding Children Boards (LSCBs) must coordinate local agencies to safeguard and promote the welfare of children. Local Authorities can also provide dedicated Prevent coordinators to work with schools in high-priority areas.

Radicalisation - the signs to look out for

The following behaviours listed here are intended as a guide to help you identify possible radicalisation:

Outward appearance

- Becoming increasingly argumentative
- Refusing to listen to different points of view

- Unwilling to engage with students who are different
- Becoming abusive to students who are different
- Embracing conspiracy theories
- Feeling persecuted
- Changing friends and appearance
- Distancing themselves from old friends
- No longer doing things they used to enjoy
- Converting to a new religion
- Being secretive and reluctant to discuss their whereabouts
- Sympathetic to extremist ideologies and groups

Online behaviour

- Changing online identity
- Having more than one online identity
- Spending a lot of time online or on the phone
- Accessing extremist online content
- Joining or trying to join an extremist organisation

“Preventative education is most effective in the context of a whole-school or college approach that prepares pupils and students for life in modern Britain and creates a culture of zero tolerance for sexism, misogyny/misandry, homophobia, biphobic and sexual violence/harassment...These will be underpinned by the school/college’s behaviour policy and pastoral support system, as well as by a planned programme of evidence-based RSHE delivered in regularly timetabled lessons and reinforced throughout the whole curriculum.”

Online safety advice for parents and carers

Keeping your children safe online is just as important as keeping them safe in the real world. This can be challenging for parents when technology develops and changes so quickly. This page brings together information and guidance to help you understand the risks children face online, and how to keep them safe.

To help you support your children to be safe online, we recommend taking a look at these websites:

- [Internet Matters](#): a website raising parents' awareness about the risks from online radicalisation
- [Safer Internet](#): a useful resource for parents and carers about keeping your children safe online
- [Educate Against Hate](#): a great starting point for answers to questions you as parents may have about the risk of radicalisation
- [Parent Info](#): help and advice for families in a digital world
- [ACT Early](#): The Counter Terrorism Policing website with useful information and advice to help if you're worried that a friend or loved one may be at risk of radicalisation
- [Child Net](#): advice on keeping your children safe online

Report it

If you see extremist material online you can report it directly to the [Counter Terrorism Internet Referral Unit](#).

More information

- [Prevent duty guidance: Guidance for specified authorities in England and Wales](#)
- [Glossary of terms - GOV.UK](#)
- [Prevent duty guidance: for England and Wales \(accessible\) - GOV.UK](#)

Online safety

- [Keeping under fives safe online \(Childnet\)](#)
- [Thinkuknow](#)
- [Keeping children safe online \(NSPCC\)](#)

Filtering and parental control advice

- [Parental controls and privacy settings guides \(Internet Matters\)](#)
- [Parental controls offered by your home internet provider \(UK Safer Internet Centre\)](#)

Social networking safety

- [Social media guides \(UK Safer Internet Centre\)](#)

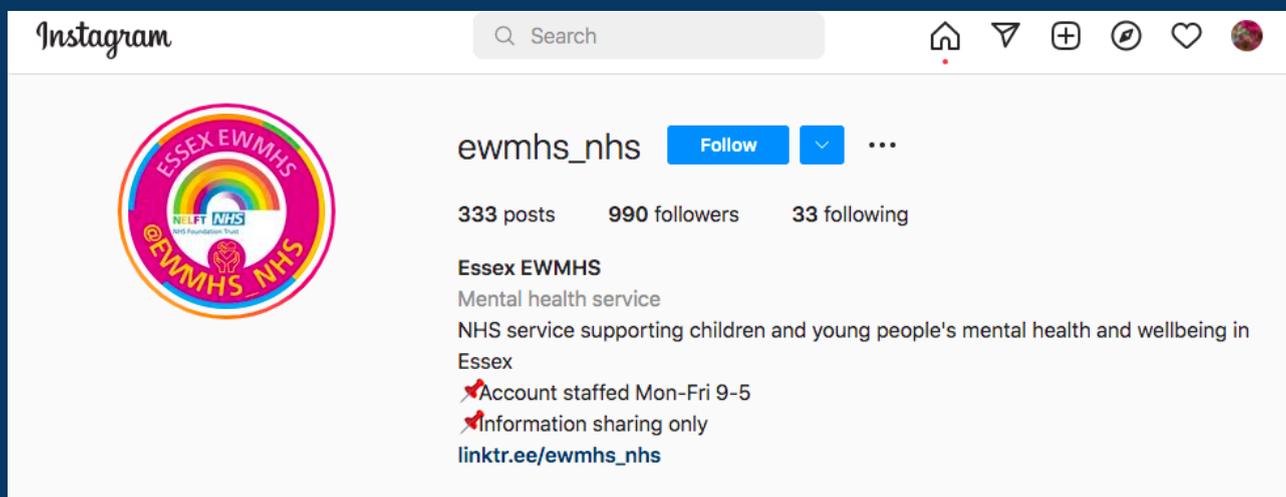
Mental Health Support Resources for Parents

Exam Stress. The following link covers a wide-range of tips to keep students mentally healthy.
Supporting Your Child during Exam Time (Young Minds)

[Exam Time & Exam Stress | Parents Guide To Support](#)

Young Minds <https://youngminds.org.uk/>

EWMHS. Emotional well being and mental health service have recently launched a new Instagram account to provide advice and support to young people experiencing mental health issues. Please encourage your children to follow the account where they will be able to access early intervention advice and support. https://www.instagram.com/ewmhs_nhs/



Instagram

Search

ewmhs_nhs Follow

333 posts 990 followers 33 following

Essex EWMHS
Mental health service
NHS service supporting children and young people's mental health and wellbeing in Essex

Account staffed Mon-Fri 9-5
Information sharing only

linktr.ee/ewmhs_nhs

MindEd is a free educational resource on children and young people's mental health for all adults:
<https://www.minded.org.uk/>

Safe and reliable advice about young people's mental health, created by experts and parents together: <https://www.mindedforfamilies.org.uk/young-people>

NHS Mental Health Charities directory: [Mental health charities and organisations](#)

Parent zone - 10 mental wellbeing apps for all the family:
<https://parentzone.org.uk/article/10-mental-wellbeing-apps-all-family>

Gov.uk [COVID-19: guidance on supporting children and young people's mental health and wellbeing](#)

Headstogether - Changing the conversation on mental health:
<https://www.headstogether.org.uk>

The Mix - Essential support for under 25s: <https://www.themix.org.uk/>

ASD and ADHD Advice for Parents

You Tube series by Oxford Health:

<https://www.youtube.com/playlist?list=PLKw7kjGJdcXCiene7r3m8qYSN2T8Vxb1K>

This animated series is for parents of neurodiverse children and young people. The experiences portrayed in the animations reflect the real-life experiences of children, young people and families who use the service. Real-life practical strategies are mentioned in an animated story format to help parents of children with ADHD or autism manage common experiences they face at home.

Autism Anglia:

<https://www.autism-anglia.org.uk>

An independent charity that provides support to autistic children, adults and families in east Anglia.

SNAP

www.snapcharity.org

A voluntary organisation based in Brentwood offering support to parents and carers of children with any special need or disability

The Maze Group

www.themazegroup.co.uk

Based in Ipswich this support group offers courses to help parents understand their child's diagnosis and their additional needs

Bereavement Advice for Parents

Childhood bereavement network

<https://childhoodbereavementnetwork.org.uk/if-you-need-help-around-death/bereaved->

[children-and-families/resources-families](#)

Resources that may help you or your family with a bereavement

Winstons Wish

<https://www.winstonswish.org/supporting-you/supporting-a-bereaved-child/>

Winston's Wish offer a bereavement service by way of advice, guidance and bereavement support to children, young people, and families before and after the death of a parent, sibling or other important person. On their website you will find guidance on topics including, support for grief and loss.

Recommended Reading

Helping Your Anxious Child – Ronald Rapee

Breaking Free from OCD: A CBT Guide for Young People and Their Families – Jo Derisley

Parenting a Child with Emotional Behavioural Difficulties – Daniel Hughes

Depression: A Teen's Guide to Survive and Thrive – Jacqueline Toner Claire Freeland

<https://www.socialworkerstoolbox.com/parents-guide-youth-violence-knife-crime-gangs/>

https://www.westminster.gov.uk/sites/default/files/advice_for_parents_and_guardians_about_gangs.pdf

Safeguarding Support Resources for Parents

Safeguarding when learning to drive.

We are aware that from time to time, concerns are raised by post-16 learners and their parents in Essex about inappropriate conduct of driving instructors. We have been given the following information to help to safeguard those accessing driving lessons:

<https://www.gov.uk/learn-to-drive-a-car>

General Mental Health Advice & Support for Parents

This May Help

<https://thismayhelp.me/>

This May Help is a website that has been created to support parents and carers with concerns about their child's mental health. The subjects covered on this website have been chosen by families and young people who have gone through their own mental health challenges. What helped them may also help you.

Young Minds

<https://www.youngminds.org.uk/parent/parents-helpline-and-webchat/>

Call our Parents Helpline for detailed advice, emotional support and signposting about a child or young person up to the age of 25.

NHS Website

<https://www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/>

The NHS website has information on many different challenges faced by young people. Find advice and support for parents who have children or teenagers with mental health

Problems.

Anna Freud

<https://www.annafreud.org/parents-and-carers/child-in-mind/>

Anna Freud Centre produced a series of expert podcasts to help parents understand and manage child and family mental health problems. The series, Child in Mind, is presented by BBC Radio 4 presenter Claudia Hammond. In each 20-minute episode, she discusses an important issue in child and family mental health with an expert and a young person or parent.

Self Harm/Suicide Advice & Support for Parents

Papyrus

<https://www.papyrus-uk.org/wp-content/uploads/2020/08/Supporting-Your-Child-A-Guide-for-Parents.pdf>

This guide has been created following discussions with parents who have experience of supporting a young person struggling with their mental health. The aim of this guide is to provide information and guidance and to help parents cope with a young person who is struggling with thoughts of suicide. To reassure them that they are not alone.

Oxford health

https://www.oxfordhealth.nhs.uk/wp-content/uploads/2016/09/copy_of_coping-with-self-harm-brochure_final_copyright.pdf

This guide was developed from talking to parents and carers of young people and is aimed at helping parents, carers, other family members and friends cope when a young person is self-harming. It includes information on the nature and causes of self-harm, how to support a young person when facing this problem and what help is available

Spending time with your teen - Advice for Parents

Ministry of Parenting

https://www.theministryofparenting.com/wp-content/uploads/2019/12/10-Ways-to-Spend-Quality-Time-With-Your-Teen-.pdf?_ga=2.80853471.917799071.1676377386-1296894209.1676377386

It can be difficult to find ways to give teens positive attention. Now that they've outgrown a lot of childhood activities, it may be more difficult to find family activities they are interested in. Here are 10 ways to create quality time to spend with your teen, even if it's just a few minutes each day.

LGBTQ+ Advice for Parents

All Sorts Youth

<https://www.allsortsyouth.org.uk/what-we-do/faq-for-parents-carers>

Allsorts Family Support Service emerged in 2013 in response to the need for parents/carers of children and young people who are Lesbian, Gay, Bisexual, Transgender or exploring their sexual orientation and/or gender identity (LGBT+), to connect and provide each other with support, community and friendship. They also have a FAQs for Parents/Carers to help advice

and gain understanding and insight.

<https://www.gov.uk/find-driving-schools-and-lessons> (all instructors on the list will have had a DBS check and passed all the qualification tests to become an instructor)

<https://www.gov.uk/complain-about-a-driving-instructor>

Parent zone - County Lines:

<https://parentinfo.org/article/county-lines-what-is-it-and-who-is-at-risk?>

Parent zone - Sleep Advice:

<https://parentzone.org.uk/article/how-sleep-easy-during-global-pandemic>

Parent line Family Support: [Parentline family support and bullying helpline](#)

Domestic Abuse support: [#ReachIn](#)

Key Contacts in School

Please see the key contact list below to support you to address any concerns.

Leadership Team

| | | |
|----------------------|--------------------------|--|
| Mr Munro | Deputy Headteacher | jmunro@honywoodschoo.com |
| Mr Caygill | Deputy Headteacher | scaygill@honywoodschoo.com |
| Mrs Hickford | Deputy Headteacher | jhickford@honywoodschoo.com |
| Mrs Downes | Assistant Headteacher | pdownes@honywoodschoo.com |
| <i>Mrs Bansropun</i> | <i>Assistant Head **</i> | abansropun@honywoodschoo.com |
| Mr Smith | Assistant Head | dsmith@honywoodschoo.com |
| Mr Williams | Assistant Head | jwilliams@honywoodschoo.com |
| Mr Gribben | Associate Assistant Head | tgribben@honywoodschoo.com |
| Mr Scott | Associate Assistant Head | dscott@honywoodschoo.com |

*** currently on maternity leave*

Safeguarding, welfare and support team

| | | |
|--------------|----------------------|--|
| Mrs Nichols | Safeguarding Officer | knichols@honywoodschoo.com |
| Mr Smith | Safeguarding Officer | dsmith@honywoodschoo.com |
| Mr Robertson | Attendance Concerns | crobertson@honywoodschoo.com |
| Mrs Loydall | Medical concerns | medical@honywoodschoo.com |

Cohort Leaders

| | | |
|-----------|-------------|--|
| Cohort 7 | Mrs Borella | lborella@honywoodschoo.com |
| Cohort 8 | Mrs Reece | ereece@honywoodschoo.com |
| Cohort 8 | Mr Briggs | dbriggs@honywoodschoo.com |
| Cohort 10 | Ms Ward | tward@honywoodschoo.com |
| Cohort 11 | Ms Martin | amartin@honywoodschoo.com |

SEND team

Mrs Vaughan SENCO cvaughan@honywoodschoo.com
Mr Wood Deputy SENCO (Autism Hub) mwood@honywoodschoo.com